



35 Kosciuszko Street Manchester, NH 03101 | P: (603) 627-9728 | F: (603) 627-0880 | www.safesportsnetwork.net

Dear Parent/Guardian:

My name is Kate Metzger, and I am the Safe Sports Network certified athletic trainer (ATC) at Bishop Brady High School. Certified athletic trainers work under the direction of a physician and are specialists in recognition and care of sports injuries. This fall marks my 7th year with Safe Sports Network, a non-profit organization dedicated to providing and promoting a safe sports environment for young athletes. I received my BS in Athletic Training from Endicott College in 2015. In my spare time, I enjoy spending time with friends and family, skiing, running, and experiencing everything New Hampshire has to offer.

Throughout the school year, you will see me on the sidelines taking care of athletes before, during and after most games and practices. If your child gets injured, I will assess the injury and either treat them or refer them to a doctor. Dr. Moran and Dr. Casey of Concord Orthopaedics have volunteered their time to be our team physicians. With direct access to the physicians at Concord Orthopaedics, your child can obtain appropriate care quickly. Although we have a team of physicians in place, we recognize and support your right to see any doctor you wish. If your child does see a doctor for an injury, please contact me so that I can help with your child's treatment and safe return to sports. Please be aware that a doctor's note is required for return to sports ANYTIME your child sees a doctor.

Your child also has access to the Safe Sports Network free injury evaluation clinic available weekday afternoons by appointment. The injury evaluation clinic is located at 35 Kosciuszko Street in Manchester. Your child can have his/her injury evaluated by one of our athletic trainers who will initiate a treatment plan or make a referral. If your child is under 18, you must either accompany your child or sign a parental consent form, which can be found on the Safe Sports website: safesportsnetwork.org

If you have any questions or concerns throughout the season, please feel free to contact me. I wish your child a very safe, healthy, and successful season.

Sincerely,
Katelyn Metzger, N.H.LAT, ATC
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