<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:55-8:00 am</td>
<td>Welcome and Introductions</td>
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<td>8:00-8:10 am</td>
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<td>8:10-8:20 am</td>
<td>JUDITH F. BAUMHAUER, MD, MPH</td>
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<td>8:20-8:30 am</td>
<td>Ankle Arthritis Treatment Options</td>
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<td>8:30-9:05 am</td>
<td>Tibia Shaft Fracture Management</td>
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<td>Total Elbow Treatment in the Management of Elbow Trauma</td>
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<td>9:30-10:00 am</td>
<td>Tibial Plateau Fracture Management</td>
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<td>Revision ACL Reconstruction</td>
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<td>Patellar Tendon Management</td>
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**FACULTY**

**SCHEDULE**
FRIDAY Program 8:00-4:30 pm, Reception 4:30-8:00 pm

**FACULTY**

KATHRYN E. ACKERMANN, MD, MPH, FACSM
Boston Children’s Hospital, Massachusetts General Hospital, MA
Dr. Kathryn E. Ackermann holds appointments in the Endocrine Division of Massachusetts General Hospital and Boston Children’s Hospital and is the Medical Director of the Female Athlete Program at Boston Children’s Hospital, Division of Sports Medicine. She received her medical degree from Johns Hopkins University School of Medicine and her MPH from the Harvard School of Public Health. She completed her internal medicine residency at the University of Virginia and her fellowship training in pediatric endocrinology at Boston Children’s Hospital and her endocrine fellowship at Brigham and Women’s Hospital. She is trained in internal medicine, sports medicine, and endocrinology. Her research and clinical interests lie in female athletes and relative energy deficiency in sport (RED-S).

JUDITH F. BAUMHAUER, MD, MPH
University of Rochester Medical Center, NY
Dr. Judith F. Baumhauer serves as Associate Chair of Academic Affairs and Professor in the Division of Hand and Upper Extremity Surgery for his Department of Orthopaedics at the University of Rochester. In addition to providing clinical care, she is the Medical Director of the Gender/Rebound Outcomes Measurement (GROM) program. Dr. Baumhauer received her medical degree from the University of Vermont College of Medicine. She completed her orthopaedic residency at the Medical Center Hospital of Vermont and at Mayo Clinic and a fellowship at the Medical College of Wisconsin. Dr. Baumhauer is the past President of the American Board of Orthopaedic Surgeons, American Orthopaedic Foot and Ankle Society (AOFAS), and Eastern Orthopaedic Association.

MICHEL Y. BENOIT, MD
The University of Vermont Medical Center
Dr. Michel Y. Benoit is an orthopedic surgeon at the University of Vermont Medical Center. He serves as an Associate Professor and Vice Chair of the Department of Orthopaedic Surgery and Rehabilitation of the Larner College of Medicine at UVM in Burlington, Vermont. He received his medical degree from the University of Vermont College of Medicine and his orthopaedic surgery training at the University of Vermont Medical Center. He completed his fellowship training in Hand and Upper Extremity Surgery at Ohio State University and in Microsurgery at the University of Illinois at Chicago and SUNY Downstate. Dr. Benoit frequently presents on upper extremity topics at local, regional, national, and international conferences.

DAVID K. JONES, PHD
Boston University Schools of Public Health, MA
David K. Jones is an Associate Professor in the Department of Orthopaedic Surgery and Rehabilitation of the Larner College of Medicine at UVM in Burlington, Vermont. He received his PhD in Health Services, Organizations and Policy, and Master of Arts in Health Policy and Management from the University of North Carolina. David’s research examines health reform and his work has appeared in the New England Journal of Medicine. Dr. Klinge is active with resident education and research, and he received the American Orthopaedic Association Emerging Leader award in 2015.

STEPHEN A. KLINGE, MD
The Warren Alpert Medical School of Brown University School of Medicine. He completed his internship at the University of Connecticut and Orthopedic Surgery Residency at Harvard Combined Orthopedic Surgery Program, the American Orthopaedic Foot and Ankle Society (AOFAS), and Eastern Orthopaedic Association.

AHMED M. KHAN, MD
The Hospital of Central Connecticut, CT
Dr. Ahmed M. Khan is the Chair of Osteology at the Hospital of Central Connecticut. He received his medical degree from the University of Connecticut School of Medicine. He completed his internship at the University of Connecticut School of Medicine and a residency in Orthopedic Medicine at Rhode Island Island Hospital. Dr. Khan’s areas of focus include back surgery, meniscal repairs, and arthroscopic procedures. He has presented on these topics locally, regionally, and nationally.

STEPHEN A. KLINGE, MD
The Warren Alpert Medical School of Brown University School of Medicine. He completed his internship at the University of Connecticut and Orthopedic Surgery Residency at Harvard Combined Orthopedic Surgery Program, the American Orthopaedic Foot and Ankle Society (AOFAS), and Eastern Orthopaedic Association.

ARUN J. RAMAPPA, MD
Boston Children’s Hospital, Massachusetts General Hospital, MA
Dr. Arun J. Ramappa is the Chair of the Division of Sports Medicine and Shoulder Surgery at Beth Israel Deaconess Medical Center. He is also an Associate Professor of Orthopaedic Surgery at Harvard Medical School and serves as Team Physician for the Boston Red Sox, Harvard University, Boston College and the Boston Celtics. He received his medical degree from Harvard Medical School and completed his surgical internship at Massachusetts General Hospital and orthopaedic surgery residency with an emphasis on pediatric orthopedics. Dr. Ramappa earned the Edwin Cone Training Fellowship, where he received advanced training in shoulder surgery in Switzerland and New Zealand. Additionally, he gained expertise in a variety of orthopedic injuries. Dr. Ramappa’s research interests include the study of musculoskeletal biomarkers with a focus on ACL tears, meniscus tears, shoulder instability, and rotator cuff tears.

**SATURDAY**
Beverage Breakfast 6:45-7:15 am, Program 7:15-10:30 am

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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>7:15-7:55 am</td>
<td>Cervical Disc Replacement</td>
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<tr>
<td>7:55-8:30 am</td>
<td>Interdisciplinary Sports Medicine - Providing Comprehensive Care</td>
</tr>
<tr>
<td>8:30-9:00 am</td>
<td>Patella Fracture Management</td>
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<tr>
<td>9:00-9:20 am</td>
<td>BREAK</td>
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<tr>
<td>9:20-9:55 am</td>
<td>Revision ACL Reconstruction</td>
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<tr>
<td>9:55-10:30 am</td>
<td>Hand Injury, Patellar and How to Stay Out of Trouble</td>
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*Visit www.nhmi.net for detailed program information, including objectives for each talk. We reserve the right to change speakers and/or topics.*
What is NHMI?

NHMI is a 501(c)(3) non-profit dedicated to advancing knowledge in musculoskeletal care and sports medicine and to promoting and providing a safe sports environment for athletes.

Meeting Description and Target Audience

The course is approved for 8.0 Category I and II CME Unit Credits and 4.0 Category A hours/CEUs. The course is designed for orthopedic residents and orthopedic surgeons, athletic trainers, physical therapists and other health care professionals who provide services for the management of conditions germane to the practice of orthopedics and musculoskeletal care.

Meeting Objectives

Upon completion of this educational activity, learners should be able to:

- Describe evidence-based management concepts in clinical practice to enhance patient outcomes.
- Describe future advances in athletic training and musculoskeletal care.

REGISTRATION FEE: $900 (after December 4th).

PAYMENT METHOD: Check to NHMI, Visa, MasterCard, or Amex

AMERICAN MUSEUM OF NATURAL HISTORICAL/NEW YORK CITY.

365 Central Park West, New York, NY 10024

Phone: 212-769-5100

Fax: 212-769-5240

Email: registration@amnh.org

Website: www.amnh.org

Meeting Schedule

Friday, Jan. 2, 2020: Registration opened at 8:00 AM. A light continental breakfast will be served.

Morning Session: 8:30 AM - 10:30 AM

Afternoon Session: 1:00 PM - 3:00 PM

Registration Deadline: Thursday, Dec. 5, 2019

Refunds except for $50 administrative fee will be made before deadline. After deadline, fee is non-refundable. We reserve the right to cancel the meeting; full fee will be refunded.

Pre-registration for the meeting is required. Registration can be completed online, by faxing or mailing the completed form, or by calling 212-769-5100. Pre-registration is preferred to ensure the event will take place. Pre-registration online and by fax or mail prior to deadline is required.

The meeting will begin Friday at 1 PM and end Saturday morning at 10:30 AM. Registration with accommodations INCLUDES Friday and Saturday nights. Registration without accommodations INCLUDES Friday afternoon, evening, and Saturday morning.

REGISTRATION DEADLINE: Jan. 2, 2020 (11:59 PST)

CANCELLATION: Refunds except for $50 administrative fee will be made before deadline. After deadline, fee is non-refundable. We reserve the right to cancel the meeting, full fee will be refunded.

CONFIRMATION: Confirmed registrants will receive notification within two weeks of registering. If you do not receive a confirmation online, please contact us at 212-769-5100.

ACCOMMODATIONS: Full-regular registration includes one room (Studio or Classic Room) at the Lodge at Spruce Peak at market rate for NHMI members only. Regular rates may be available for additional night. Rooming will be managed by NHMI if not necessary for you to contact the Lodge at Spruce Peak directly to reserve a room. Please contact NHMI for more information. To learn more about the Lodge at Spruce Peak, visit www.sprucepeak.com or call them directly at (888) 478-6938.

DIRECTIONS: See inside brochure for details.

REGISTRATION INFORMATION IMPORTANT

The meeting will begin Friday at 1 PM and end Saturday morning at 10:30 AM. Registration with accommodations INCLUDES Friday and Saturday nights.

MAINTAINING PROFESSIONAL DEVELOPMENT: This activity is approved for 8.0 Category I and II CME Unit Credits and 4.0 Category A hours/CEUs.

REGISTER ON-LINE: Visit www.nhmi.net or contact

NHMI 20TH ANNUAL ORTHOPAEDIC WINTER MEETING

REGISTRATION

SPACE IS LIMITED - REGISTER EARLY!

To pay by credit card, complete and fax or mail this form, or register online at www.nhmi.net.

To check, complete and mail form to: NHMI, 35 Kosciuszko St., Manchester, NH 03101; Fax: 603-627-0880.

Fee: EARLY BIRD (by Dec. 6, 2019) $900, Course-only $375.


Name: ____________________________

MD  PA-C  Other

Guest Name: ____________________________

Address: ____________________________

City/State/Zip: ____________________________

Phone: ____________________________

Fax: ____________________________

Email: ____________________________

Payment Method: 

☐ Check to NHMI  ☐ Visa  ☐ MasterCard  ☐ Amex

Billing address if different from above: ____________________________________________

Name on Card: ____________________________

Exp. Date: ____________________________

Card Number: ____________________________

Amount: ____________________________

Signature: ____________________________

Today's Date: ____________________________

NHMI 20TH ANNUAL ORTHOPAEDIC WINTER MEETING

REGISTRATION

LOCATION

The Lodge at Spruce Peak is located in the world-class ski resort of Stowe, VT. Stowe not only impresses guests with its unparalleled ski trails, but it also boasts some of the most impressive natural landscape in the country. With a variety of quaint artisan restaurants and food shops, wine tasting rooms and world-class art galleries, the town of Stowe boasts an allure that is hard to resist.

The Lodge at Spruce Peak offers a special ski valet service for our guests. This service includes luggage pickup/dropoff at the train station, bus stops, and taxi.e. The Lodge at Spruce Peak is conveniently located just off Vermont Route 100, across from the ski resort base village at the Adventure Center, and includes an indoor/outdoor water park, ski valet, and complimentary ski rentals.

SPONSORS

SILVER SPONSORS

THE MUSCULOSKELETAL INSTITUTE

GRANTS FROM THE FOLLOWING COMPANIES MAKE THIS PROGRAM POSSIBLE:

AMERICAN PRA CATEGORY 1 CREDITS™ & B DOG CATEGORY A HOURS/CEUS.

EARLY BIRD REGISTRATION FEE: $900

AFTER DECEMBER 6TH FEE: $400

REGISTRATION FEE INCLUDES FRIDAY AND SATURDAY NIGHT LODGING!

EARLY BIRD COURSE-ONLY REGISTRATION FEE: $375

AFTER DECEMBER 6TH COURSE-ONLY FEE: $400

SQUARE FOOT SPA OFFERS:

THE LUXURIOUS 21,000 SQUARE FOOT SPA OFFERS:

- Full service fitness center
- Outdoor pool with indoor access
- Relaxation area
- Two therapy rooms for massage therapy, facial treatments, and a hair stylist
- 10 treatment rooms
- Full service spa

ACCOMMODATIONS

The NH Musculoskeletal Institute designates this live activity for a maximum of 8 AMA PRA Category 1 Credit(s)TM. Registration with accommodations INCLUDES Friday and Saturday nights. Registration without accommodations INCLUDES Friday afternoon, evening, and Saturday morning.

REGISTRATION FEE: EARLY BIRD (by Dec. 6, 2019) $900. REGISTRATION FEE (after December 6): $375. Course-only REGISTRATION FEE: $375. Registration Fee includes all course materials, reception, Saturday breakfast, and refreshments indicated on Program.

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