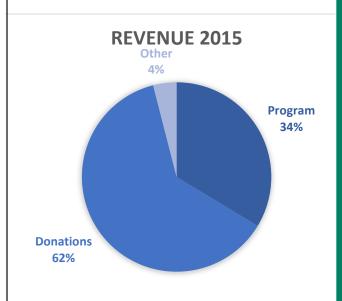


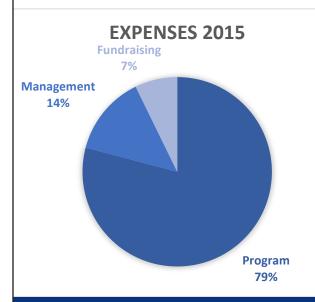


Dedicated to advancing knowledge in musculoskeletal care and sports medicine and to promoting and providing a safe sports environment for athletes.

2015 Annual Report

Financial Report





"I just wanted to thank you for everything you've done for my shoulder. I'm glad I didn't throw this season because I could be in a worse situation. As much as I wanted to, you stopped me. Just letting you know that I am working hard to play volleyball again.

Thanks!" JG - Student Athlete



This is Tommy

Being prepared for emergencies can mean the difference between life and death. If you need convincing about that, you should talk to Tommy. He will tell you he believes he could have died in August 2015 if his Memorial High football team wasn't ready for his exertional heat illness.

Tommy showed up for preseason football practice just like he had the previous 3 years. But this time, he collapsed mid-way through the session. An emergency action plan was in place. It was activated for Tom. His athletic trainer, teammates and coaches knew what to do. He got exactly what he needed. He ended up with mild kidney damage instead of what might have been much worse. Tom learned how great it is to have people around to care for you.

Safe Sports is dedicated to keeping kids like Tommy as safe as possible.

Thank you, 2015 donors!!

You make it possible for young athletes to have the care they need.



Keeping Young Athletes Safe Since 2011

Maribeth Crupi

Laura Decoster & Charlene Hayes

Marjorie King

Henry Roy

Steven Schubert & Family

Greg Soghikian Erik Swartz

Iames Vailas

Nick & Mary Ann Vailas



Keeping Young Athletes Safe Since 2012

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Keeping Young Athletes Safe Since 2013

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Dave Vachon Jay Fallon Ken Viscarello David Foley Joseph Graham Mike Wenners

Steve Grzywacz Raymond Wieczorek Lisa Guertin

Key: Board Members in Italics

Donor-Funded Initiatives: 2015

Middle School Safety Project

TO OUR GRANT FOUNDATIONS

Norwin S. and Elizabeth N.

BEAN FOUNDATION
40 State Street Management Nor Hennite 10101

SPECIAL THANKS

COGSWELL BENEVOLENT TRUST

Marion C. Cohen Trust



Manchester,



2million &change grant recipient These Foundations and individual donors understand that...

- Coaches with CPR and First Aid training,
- Robust emergency action plans,
- Concussion management protocols,
- Concussion testing, and
- Appropriate attention to preexisting medical conditions

...don't suddenly become important when kids enter 9th grade. Middle school students need these things too!

This funding has made it possible for 8 middle schools to have all these issues addressed...and a 9th school is on the horizon!

Keeping kids safe is why you are a Safe Sports donor. This year, you showed that kids of all ages matter!



iPad Balance Testing Added to Comprehensive Concussion Assessment Program

Thanks to great support from donors, including the Benson Family Foundation, Queen City Rotary, Granite City Electric and Manchester Kiwanis Club, Safe Sports kids now have access to high tech balance testing. Balance is recognized as one of several areas that are affected by concussion. The iPad-based C3 Logix program builds on the widely-used Balance Error Scoring System (BESS). But where the low-tech version has some weaknesses, the iPad's built-in accelerometer and gyroscope enhance its value. Contact amy@nhmi.net if your athlete needs a balance baseline!



Next Level Emergency Prep: Drop the Dummy Drills

Sudden Cardiac Arrest is the number 1 killer of young athletes. Survival is reduced by 10% for every minute of delay in care.

Working together, Safe Sports donors, staff, coaches, athletes and school administrations are closing the gaps in our kids' safety net. How it works: CPR and AED training for coaches and athletes are offered all year. Then, before each season coaches create an emergency response squad including: AED retrieval team, CPR team, 911 team (calling, running and waiting to bring help to the stricken athlete) and an AED application team. Team members are coaches or athletes or any combination. Unannounced drills incorporated into the program this year have brought that preparation to the next level. Coaches and athletes alike are saying basically the same things, "This drill was great. We worked out some kinks and now I know we're ready if something happens."







Thank you, 2015 donors!!

Every gift supports efforts to improve knowledge and sports safety.

Keeping Young Athletes Safe Since 2014

Sarah Ambrogi Arthur & Stavroula Bakolas Roland Martin Jeffrey Barnea John Berry Richard Burke Timothy Cadigan Marilyn Charbonneau

Scott Colby Jack Crane Molly Day Melissa DiOrio Chris Donovan Claude Elias

Mike & Diane Fitzpatrick

Cathy Foti Roger Howe Eric Kasen Eric & Kim Kasen Pam Kasper

Arthur Maerlender Brian McLaughlin Joe McQuaid **Jeff Nelson**

Mary Pat Norfleet Sherri Panaro Tom Raffio

Jenna & Charles Raizes

John Raleigh Mike Ramshaw Michael Reed Jeffrey Seifert

Robin & Mark Standen Dennis Sweeney **Bob Thomas** George Tzimas **Bob Werner**

"Words can't describe how grateful I am for you taking care of my son.

Thank you!!"

Bedford High School football parent

Program Highlights

- Young athletes had 1,100 new injuries evaluated by Safe Sports Network staff.
- Athletes received 14,507 free treatments.
- 340 healthcare providers attended NHMI continuing education events.

Keeping Young Athletes Safe Since 2015

Arthur Adamakos Louis Arcidy Kimberly Barbee Craig Benson Eileen Bernard Ted Bishop Tracy Bond Tyler Brown Sharon Brown Judy Camirand Judy Carr Nick Castrogiovanni Pat Caveny Lori & Dean Cibotti Valerie Clarkson Pat Closson

Mike Conroy Maria Cracut Charlotte Daley Rick Dichard Roger Dignard Kara Dowal Mike Doyle Andrea Elliot Richard Feldheim Nancy & Jack Gati Ted Gatsas

Bob Gfeller Maureen & Tony Grande Pam VanArsdale Jennifer & Thomas Healy Bill Whitmore John Hession Sam Holbrook

Kevin Horn Linda Isham

Paul Johnson

Sarah & Andrew Jackson

Tony Johnson Linda Johnson Tara Iones Lani LaGuardia Andrew Lathrop Erik Lesniak William Letendre Ted Lorenzetti Owen McGarrahan Katie McQuaid Cote William Mehan Matthew Mercier

John Mokas Jamie Neefe Bob Noonan Peter Paladino Kathleen Reddy Charles Reliford Charlie Sherman Arthur Sullivan Tim Sweeney Donald Sweet

Juli & Glenn Tierney Stephen Traynor David Wilson Hannah Zaitlin

Keeping Young Athletes Safe Since 2011

Apple Therapy Services

Bedford Ambulatory Surgical Center

NH Orthopaedic Center

OrthoCare Medical

Keeping Young Athletes Safe Since 2012

Aegis Consulting & Solutions Group

Amoskeag Beverages, Inc

Catholic Medical Čenter

Cross Insurance

En Pointe Clinical Research, LLC

Harris Trophy

Millenium Running

NBT Bank

NH Eye Associates

Pepsi Bottling

Precision Athletic Training

Sports & Rehab

TRB Development Group

Keeping Young Athletes Safe Since 2013

Anagnost Investments Inc

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Central Paper Products Co.

CGI Business Solutions

Copper Door

Devine, Millimet & Branch

Dunkin' Donuts

ECCO

Edward Jones

Executive Health Center

Foundation Medical Partners

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Harvard Pilgrim Health Care

Hoyle Tanner

Kairos Surgical

NH Fisher Cats

NH Sportsplex

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Shields Health Care Group

Southern NH Medical Center

Spectrum Marketing

Stowe Mountain Lodge

Sullivan Construction

Verizon Wireless Arena

Victory Sports Medicine

Workplace Benefits Solutions

Keeping Young Athletes Safe Since 2014

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Common Man - Common Effort

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The Derryfield School

Union Leader Corp

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hank you, 2015 Corporate Donors!

Granite City Electric Supply Charitable Foundation

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NH Charitable Foundation - John W. Hart Fund

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