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March 9, 2018

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#### Dear Donor:

You make a difference every day for young athletes in greater Manchester.

- You put athletic trainers onsite at to care for young athletes for 9,577 hours last school year!
- Your support meant Safe Sports Network's Youth Concussion Management expertise was right there for more than 200 children who suffered concussions last year.
- Because of you, 3,300+ concussion tests were taken by youth, middle and high school athletes.
- Young athletes from all levels of sport have access to professional sports medicine because you care.
- You provide state-of-the-art sports medicine preparation and planning. Last year nearly 100 drop-the-dummy drills were conducted ensuring that teams are ready if a teammate collapses!

All of this, and much more, is because of you! Please take a few minutes to celebrate yourself. The race to keep kids safer starts with you. You are helping kids cross the finish line safely.

On behalf of 6000+ student athletes, thank you!

Sincerely,

Laura C. Decoster, ATC Executive Director

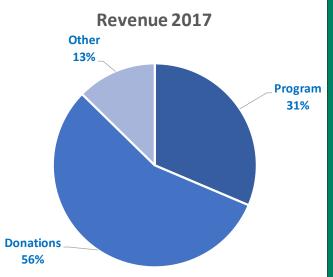




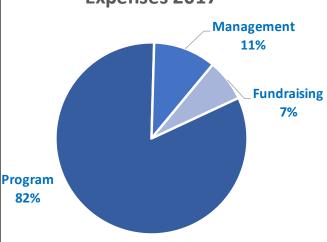
Dedicated to advancing knowledge in musculoskeletal care and sports medicine and to promoting and providing a safe sports environment for athletes.

## 2017 Annual Report

## **Financial Report**







"There are no words to describe my gratitude for what you did and how you helped my son. Your calmness helped me remain calm, your gentleness with Doug was truly special. He never gets hurt....never....so it was an extremely scary few moments for us. THANK YOU for making a difference that day! GP - Parent

www.safesportsnetwork.org



## This is Trevor

Not Quite the Way Trevor Imagined Starting the 2017 Season!

Although most kids left Gill Stadium after the Manchester Varsity Football Jamboree with no more than the usual football-game soreness, there were several injuries over the five exhibition games. One example: Trevor J. put his hand out to brace his fall like he has hundreds of times. But this time, his elbow just collapsed. He was evaluated by Safe Sports Athletic Trainer David Moreton, and treated on the sideline before being sent to urgent care for x-rays and pain management. Rest, strengthening, functional rehab and mental toughness got Trevor to the point you see in the photo above - back on the field, with his elbow protected, just weeks later.

Thanks to contributions from donors like you, Safe Sports Network has been at the Queen City Jamboree every year for the past 25 years... caring for injured athletes like Trevor.

On behalf of Trevor and all the athletes you helped: Thank you for your generosity.

# Thank you, 2017 donors!!

You make it possible for young athletes to have the care they need.



### **Keeping Young Athletes Safer Since 2011**

Maribeth Crupi

Laura Decoster & Charlene Hayes

Marjorie King

Henry Roy

Steven Schubert & Family

Greg Soghikian

Erik Swartz

Iames Vailas

Nick & Mary Ann Vailas

### **Keeping Young Athletes Safer Since 2012**

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John Mortimer

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Debra & Nancy Allen

Tracy Amirault

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Matt & Kimberly Low

Denise McDonough

Brian Mikol

Deno Mokas

Heather Newell

Jenna Raizes

Maria Ryan

Tom Thornton

**Greg Timbas** 

7. 0 7. 1

Jim & Lynda Truncellito

Dave Vachon

Mike Wenners

Raymond Wieczorek



## You Made a Difference in 2017



Athletes step on a field, rink or court under the watchful eye of Safe Sports athletic trainers about 100,000 times a year.



Grant funding provided updated CPR dummies and gave the Safe Sports Drop-in Clinic a new home and concussion testing computers - and hundreds of kids took advantage of your generosity.



Collin L. talking about what his heart felt like when he was hurt and couldn't play.



Collin talking about what it felt like when he made it back into the lineup. Can you <u>SEE</u> the difference you made? **Doesn't he have a great smile?!** 

If Collin could talk to you directly, he would give you a big THANK YOU for being there for him when he needed you.

https://vimeo.com/208827687

## Thank you, 2017 donors!!

## Every gift supports efforts to improve knowledge and sports safety.

## **Keeping Young Athletes Safer Since 2014**

Sarah Ambrogi

Arthur & Stavroula Bakolas

John Berry

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Brad Endres Mike & Diane Fitzpatrick

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Robin & Mark Standen

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### **Keeping Young Athletes Safer Since 2015**

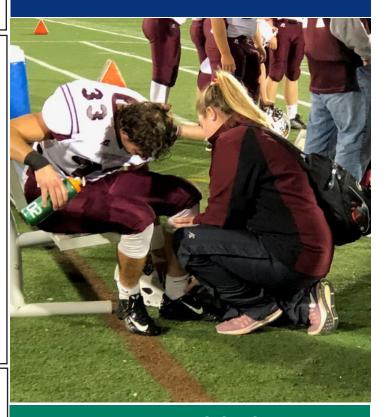
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# "Thank you so much for providing this service for our kids!"

Drop-in Parent



## 2017 Highlights

- Young athletes had nearly 1,200 new injuries evaluated by Safe Sports staff.
- Athletes received free treatments for those injuries valued at \$470,000.
- 340 healthcare providers attended NHMI continuing education events.

# Thank you, 2017 donors!!

## Every gift supports efforts to improve knowledge and sports safety.

Keeping	<b>Young At</b>	<u>:hletes Sa</u>	<u>afer Sinc</u>	<u>e 2017</u>

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Gail Timbas

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Joe Young Karen Young

Christopher Young

#### **Keeping Young Athletes Safer Since 2011**

Apple Therapy Services

**Bedford Ambulatory Surgical Center** 

Maribeth Crupi Physical Therapy

NFL Alumni

NH Orthopaedic Center

OrthoCare Medical

Sports & Rehab

SurgiCare

#### **Keeping Young Athletes Safer Since 2012**

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Amoskeag Beverages, Inc

Boston Bruins Foundation

Catholic Medical Center

Cross Insurance

DePuy Orthopaedics

Foothills Physical Therapy

Harris Trophy

Millenium Running

NBT Bank

NH Eye Associates

### **Keeping Young Athletes Safer Since 2013**

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Anthem Blue Cross Blue Shield

Central Activity Fund

Central Paper Products Co.

CGI Business Solutions

Copper Door/Great NH Restaurants

ECCO

Edward Jones

E&R Cleaners

Friends of Central HS Hockey

Harvard Pilgrim Health Care

Hoyle Tanner

Kairos Surgical

Merchants Fleet Management

NH Fisher Cats

NH Gastroenterology

Norwin S. and Elizabeth N. Bean Foundation

Rov & Bentas, CPAs

SNHU Arena

Spectrum Marketing

Stowe Mountain Lodge

TF Moran

Victory Sports Medicine

Workplace Benefits Solutions

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Common Man - Common Effort

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The Hays Companies

NH Treats dba Ben & Jerry's

Northeast Delta Dental

Pat's Peak

Saint Anselm College Athletics SportStop, NE Lacrosse Partners

Stebbins Commercial Properties

TD Bank

The Derryfield Restaurant

The Derryfield School

Union Leader Corp

Werner Auto

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Amazon Smile Foundation

American Health Centers

Boston Red Sox

**Brady Sullivan Properties** 

Candia Woods

Corflex, Inc

DJO Global

Kiwanis Club of Manchester

McLane Middleton

MFAC, LLC - Perform Better

New England Patriots

Pacira Pharmaceuticals

Runner's Alley

Simbex

nank you, 2017 Corporate Donors!

#### **Keeping Young Athletes Safer Since 2016**

DCU for Kids

Downdog Flow Yoga & Pilates

Manchester Bears Senior Football Club

**Pandex** 

Setronics

Sterling Plastic Surgery

#### **Keeping Young Athletes Safer Since 2017**

All-Star Sports

Apple Wellness

Ballcorps

Bank of NH

Cornerstone PT Associates

Envy Sports Club & Cafe

Goldenrod Restaurant

Granite State Collegetate Poker Alliance

GZA Geoenvironmental Inc

Minuteman Health Inc.

Northway Bank

Pinnacle Rehab

Primary Bank

Prime Cares/Prime Motor Group

Retrieve Technologies

RX Monitoring Services, Inc

The Rotary Club of Manchester, NH





Norwin S & Elizabeth N Bean Foundation

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